

Improving Health Screening in the General Hospital: A Case Report of a Near-miss Cancer Diagnosis in a Geriatric Patient with Psychosis



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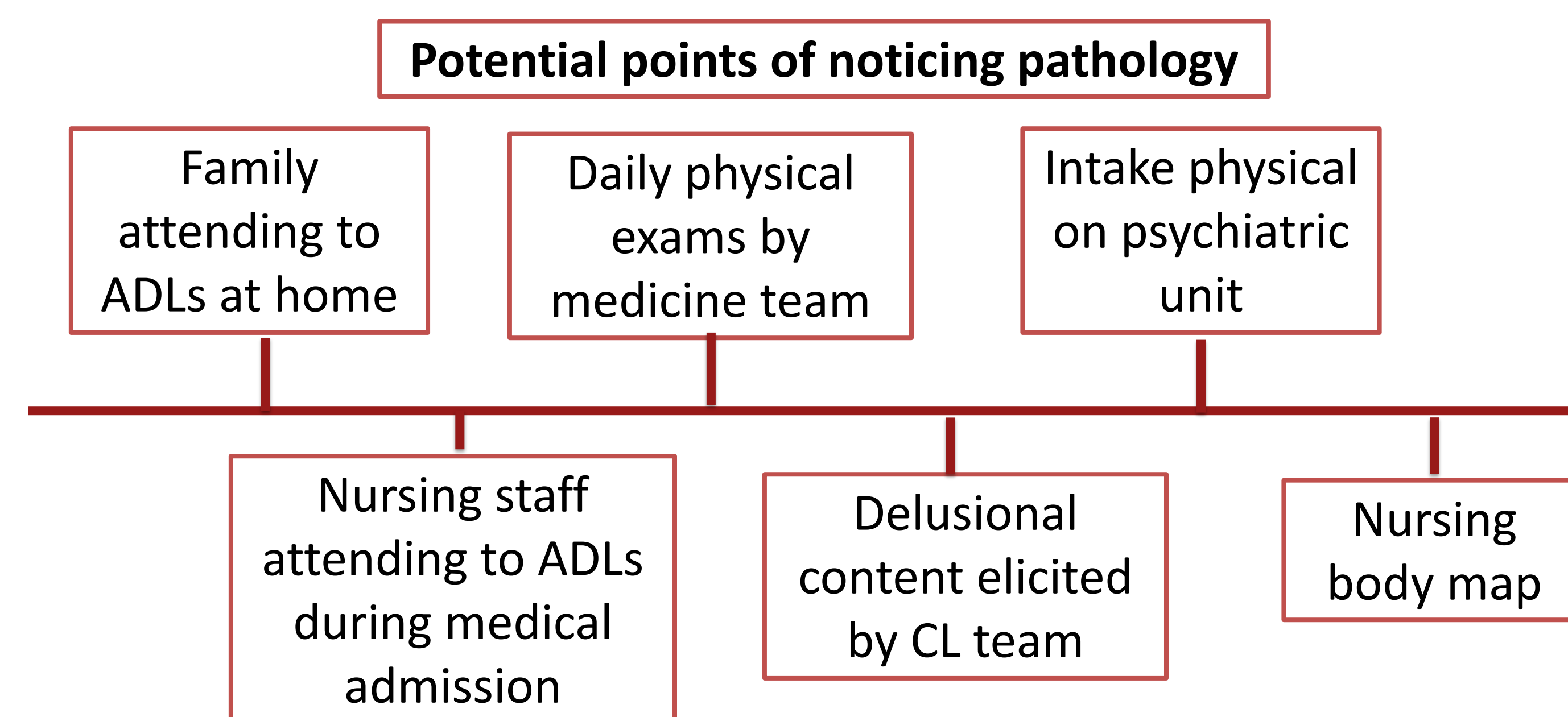


Background/Literature Review

- Patients with severe mental illness (SMI) have higher morbidity and mortality from medical illness than the general population
- Cardiovascular disease is the most common cause of mortality, but one population study showed equal mortality from cancer in patients with SMI
- Patients with SMI have a **50% higher mortality** rate from cancer than cancer-patients without SMI
- SMI is associated with lower rates of cancer screening
- Patient-level contributors to morbidity/mortality:
 - **Iatrogenic/antipsychotics**
 - U-shaped correlation with antipsychotic dose (No antipsychotic use → highest mortality; High antipsychotic exposure → elevated mortality)
 - Moderate association of prolactin-elevating antipsychotics and breast cancer
 - **Lifestyle/comorbidities:** substance use, smoking, sedentary lifestyle, obesity
 - **Structural barriers:** poor health literacy, low socioeconomic status, non-adherence to screening and health recommendations
 - **Psychiatric symptoms**
 - Psychotic explanation of symptoms preventing help-seeking
 - Paranoia preventing help-seeking
 - Negative or depressive symptoms preventing self-advocacy or adequate coordination of care
- Provider-level contributors to morbidity
 - Stigma
 - Distraction by psychiatric symptoms
 - Misattribution of symptoms to psychiatric illness

Clinical Case

- Ms. Z is an 87-year-old woman with paranoid schizophrenia living at home with her husband and two children, with chronic delusions, no treatment in 12 years, reliant on her family for ADLs
- Admitted medically for hypertensive emergency after a severe headache
- Last saw medical or psychiatric provider 12 years prior
- Seven-day medical admission for hypertensive emergency with consult-liaison service following
- Noted to be delusional while in medical hospital and admitted to geriatric psychiatric unit
- On psych admission had a physical exam by intake team
- Had a "body map"—external physical exam by nurses
- Next day, primary psychiatry team elicited delusional thought content, including the idea that "Verizon implanted 'F—You's in the form of balls in [her] breast".
- Breast exam revealed a large, firm, hard mass on her right breast, with satellite masses and a retracted nipple consistent with advanced metastatic breast cancer
- Interdisciplinary meeting with medical team and family who served as proxies. Decision was made to pursue hospice given her persistent mistrust of the health system/medical treatment and her prognosis.
- Further history taking suggested Ms. Z's mother died of breast cancer



Discussion

- Delayed diagnosis of medical conditions in patients with SMI involves patient and provider factors
- In Ms. Z's case, positive symptoms with psychotic interpretation of breast mass and mistrust/previous poor experiences with medical system delayed help-seeking
- Ms. Z had extensive interactions with medical staff during hospitalizations that may be potential times to detect medical pathology

Conclusions

- In patients with SMI, consultation-liaison and general psychiatric providers should be on alert and attentive to possible medical pathology.
- Medical and psychiatric hospitalizations might be used as opportunities to ensure adequate screening for medical conditions and connect to longitudinal medical care.

References

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