# A Prescription to Change Enhancing Pharmacy Student's Cultural Intelligence



# BACKGROUND

Cultural intelligence is defined as an individual's ability to recognize, adapt and understand cross-cultural **interactions.**<sup>1,2 3</sup> As our communities become more diverse and health disparities continue to grow, it is imperative to educate and train pharmacy students to not only have the ability to be aware but also have the ability to make actionable changes for every patient.<sup>4</sup> Having exposure early on during didactic and experiential learning will best strengthen student's cultural intelligence.

# OBJECTIVES

The aim was to explore **student experiences with cultural** interactions in the pharmacy practice setting and classroom with the goal of identifying meaningful opportunities for students to develop their cultural intelligence.

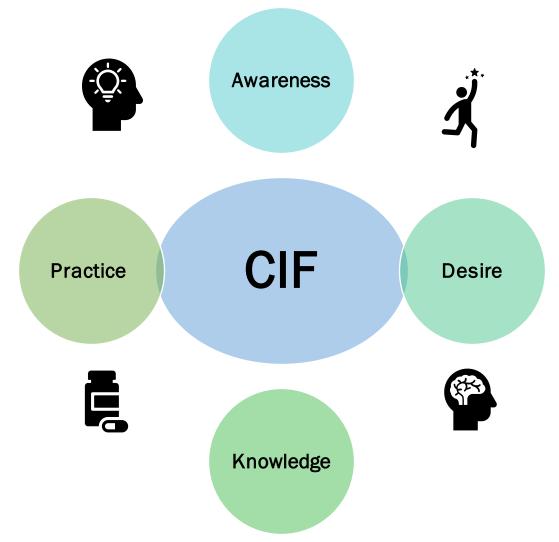
## METHODS

Two focus groups Six participants

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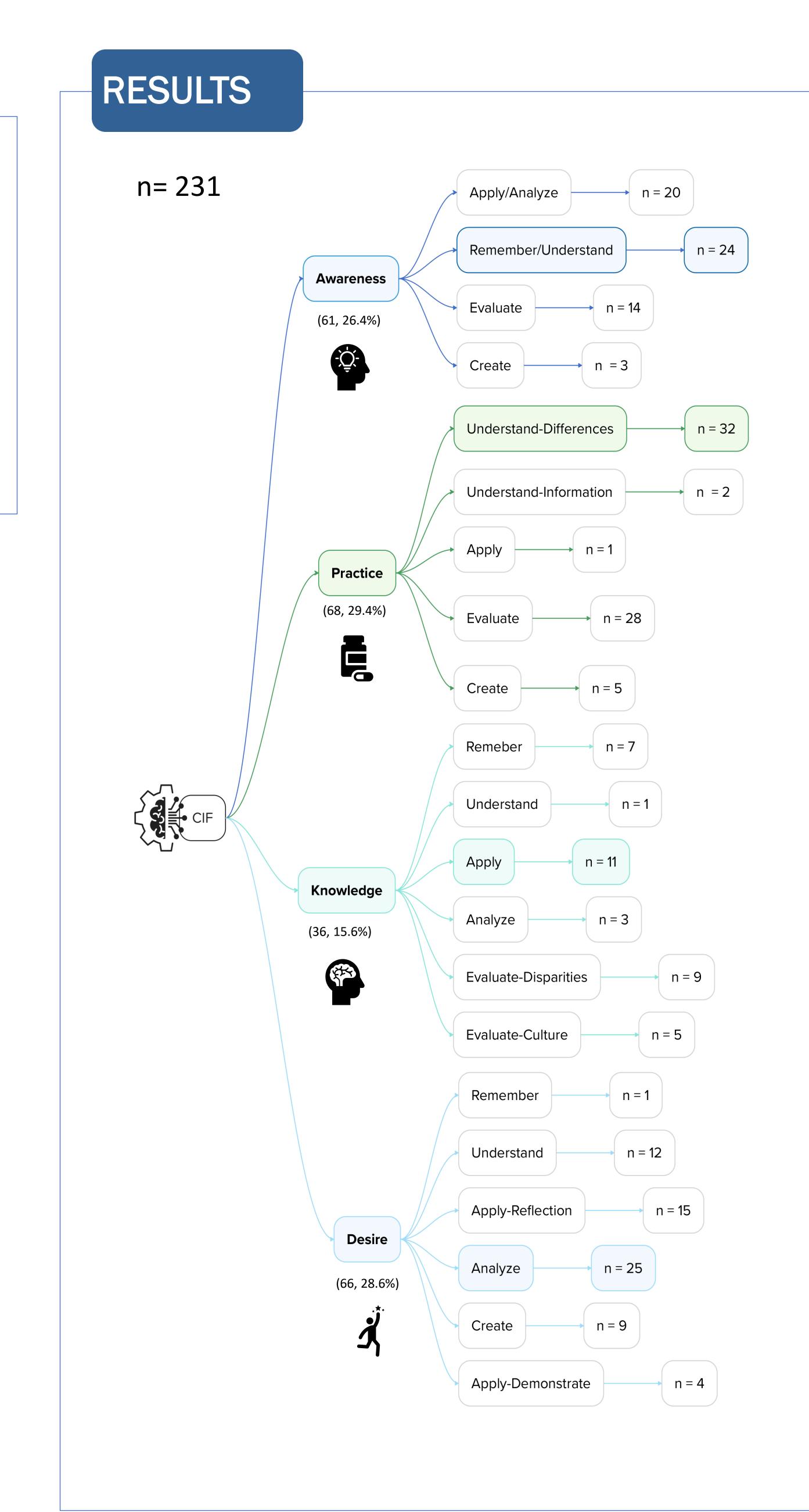
From February 2023 to October 2023, four focus groups were conducted with 12 student participants from a Midwest health professions university. Deductive coding using the Cultural Intelligence Framework (CIF) as a codebook was applied to the data set to explore students' culture intelligence experiences.

CIF<sup>1</sup> encompasses 4 domains: **Awareness** - self-examination of one's own cultural background **Desire** - motivation to be culturally intelligent **Knowledge** - seeking and obtaining knowledge about culturally diverse groups **Practice** - interacting with culturally diverse backgrounds while in practice settings



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### CONCLUSION

This study evaluated student experiences and determined areas of growth that should be included in the development of future pharmacists. It is of utmost importance that students are equipped with cultural intelligence to be effective providers; who are at the forefront of patient care. Pharmacy schools should provide students with opportunities for growth and developing their cultural intelligence, not providing these experiences is a disservice to students' future communities.

"Working in this pharmacy almost the majority of our patients were Hmong. And I could tell it was very frustrating for them to have a new pharmacy tech at pickup that was trying to understand what they were saying, how to spell their names. It was very frustrating for them. That was also very frustrating for me. This was my first tech job like I was just trying to get through my workday. It definitely increased my stress. I learned how to spell; I learned that there are very many different ways to spell Mohamed after that job. And I think it kind of helped to feel less nervous interacting with people different from my culture."

"I am trying to learn medical Spanish now because I would like to be able to communicate with our Spanish speaking population at rotation. I don't want to just walk into the room and they don't know who I am, give them a vaccine, and leave because I think that that could be very scary. ... I wish we had a medical terminology class for a couple of different languages because that could be really helpful to [be able to] say 'okay, I'm going administer the flu vaccine to you'. Just knowing how to say that in a couple different languages would be really, really helpful."

#### REFERENCES

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# ACKNOWLEDGEMENTS

With many thanks to Dr. Minshew for your patience, collaboration, and guidance throughout.