

# Interim Esthetic Restorations for Carious Anterior Teeth: A Pilot Study

Anna Au, DMD; Lorraine Maloney, DDS; Miriam Ohakam, DDS; Maria Davila, DDS, MPH;
Marcio Guelmann, DDS; Kelly Magher, DMD
Department of Pediatric Dentistry, University of Florida College of Dentistry, Naples, Florida



#### INTRODUCTION

- For children with early childhood caries (ECC), traditional restorative procedures for maxillary incisors are technique sensitive.
- Due to identified barriers, the ability to treat these patients under sedation or general anesthesia (due to poor cooperation and/or extent of treatment) is limited.
- Interim, non-invasive caries control approaches such as silver diamine fluoride are currently utilized, but pose esthetic concerns, especially in the anterior region.

## **OBJECTIVES**

To determine if resin-modified glass ionomer strip (RMGI) crowns are:

- effective for interim caries management in young children with ECC (ex: restoration marginal integrity, discoloration, absence of pathology)
- · accepted by parents as an esthetic, interim therapeutic restoration.

# **MATERIALS AND METHODS**

- A clinical study is being conducted at the University of Florida-NCEF Pediatric Dental Center.
- Healthy children ages 36-71 months old with supragingival, multisurface lesions present on maxillary incisors are being recruited. 1-4 carious maxillary incisors per patient were treated.
- Carious teeth were restored with resin-modified glass ionomer strip crowns in an atraumatic manner (no local anesthesia and no tooth preparation).
- Parental esthetic acceptance and effectiveness of the restorative technique was measured at each follow up visit (3 months, 6 months, and 12 months).

## **RESULTS**





**Pre-operative** 

Post-operative

**Figure 1.** Pre-operative and immediate post-operative clinical photos of tooth #G treated with an RMGI strip crown.





6 months



12 months







12 months

Figure 2. Clinical photos (a) and radiographic follow-up (b) for tooth #G.





Pre-operative





Post-operative

**Figure 3.** Pre-operative and immediate post-operative clinical photos of teeth #D, #E, and #F treated with an RMGI strip crown.

- Currently, there are 10 patients with16 teeth enrolled in the study.
- Of the 10 patients, 1 patient failed to continue with follow-up, 1 restoration was redone in the operating room along with complete oral rehabilitation, and 1 was redone due to discoloration.
- Data collection and analysis is ongoing with the intent of enrolling upwards of 20 patients.
- From current data, 100% parental satisfaction was reported following immediate treatment and at subsequent follow-ups.

# **CONCLUSION**

- · Based on limited follow up information currently, there have been no adverse effects noted clinically or radiographically.
- With an increased sample size, it is anticipated that findings tend to support the hypothesis that resin-modified glass ionomer strip crowns are acceptable interim therapeutic restorations for caries management and have acceptable esthetic outcomes for primary maxillary incisors affected by ECC.