# AAPD Member Self-Reported Early Childhood Caries Management in Pre-Cooperative Children



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## **Background**

- Nearly 1-in-5 children under age 5 experience dental decay (Hill 2019)
- Restorative treatment of Early Childhood Caries (ECC) has high recurrence rates because it doesn't address behavioral etiology (AAPD OHP 2021)
- AAPD guidelines promote chronic disease management (CDM) to halt disease progression



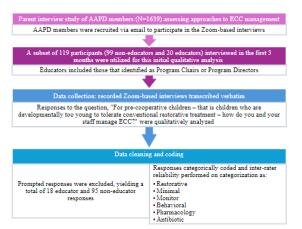
Fig. 1. ECC Management Promoted by AAPD

# **Purpose**

To evaluate the ways in which American Academy of Pediatric Dentistry (AAPD) members report managing ECC:

- 1)types and frequency of techniques self-reported
- 2) which techniques come first to mind to providers (i.e., the order in which techniques are reported)
- 3)how provider or population demographics relate to modalities of treatment mentioned

## Methods



## **Findings**

- 80% reported using restorative approaches to ECC management
- Among CDM approaches: 77% use Pharmacological; 39% Behavioral; 38% Minimally Invasive; and 36% Monitoring
- · Among Behavioral Responses:
  - o 18% mentioned Behavioral first
  - o 61% did not mention Behavioral
  - o Educators did not mention Behavioral more than non-educators
  - Newer dentists less than 11 years and more recent graduates mention Behavioral more than older dentists (46% v 32%)
  - $\circ$  Dentists who treat more patients on public insurance (>50% Medicaid or CHIP) cited Behavioral (45% v 25%)



Fig. 3. Management Techniques Reported First

45%

45%

22%

22%

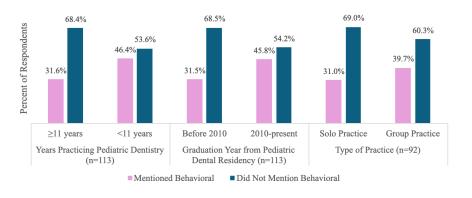
22%

11%

9% 11%

Restorative Minimal Pharmacology Monitor Behavioral

#### Fig. 4. Provider & Practice Demographics



## Findings (continued)

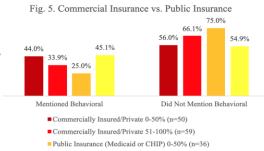
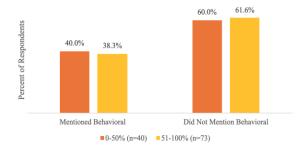


Fig. 6. Treating Children Under 6 Years Old with Any Caries Experience

Public Insurance (Medicaid or CHIP) 51-100% (n=51)



#### Limitations

- Small subset of population and likely most eager candidates interviewed as these were respondents interviewed within the first 3 months of the study
- Respondents not asked to rank their responses to open-ended question; ranking is inferred from order stated during response

#### Conclusions

- Most AAPD members in this sample population use Restorative approaches for ECC
- Among CDM approaches, most use Pharmacologic approaches and fewer use Behavioral, Minimally Invasive, and Monitoring
- Given the chronic nature of this behaviorally-mediated disease, an emphasis
  on behavioral and monitoring approaches to manage ECC should be promoted
- Future studies should analyze additional provider demographics, patient demographics and practice demographics as well as analysis of a larger sample of respondents.