Targeted Candida auris Surveillance to Reduce Transmission from Long Term Acute Care Hospitals

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Background

- Candida auris (C. auris), a multidrug-resistant fungus, is increasingly prevalent in the U.S>
- *C. auris* can colonize patients' skin and contaminate the environment, leading to healthcare transmission.
- Locally, many cases of C. auris have been reported in Long-Term Acute Care Hospitals (LTACHs).
- Following our acute care hospital's first case, the Infection Prevention and Hospital Epidemiology team implemented strategies to reduce the likelihood of transmission within our facility, including_auditing room cleaning and collecting targeted environmental surface and patient cultures.

Objectives

- Understand the current situation with *C. auris* colonization and the need for active surveillance.
- Describe active surveillance strategies to prevent transmission from LTACHs.
- Describe success strategies and potential barriers to performing an active surveillance program for *C. auris*.

Methods

- In 3/2023, our hospital started performing surveillance skin cultures (axilla and groin) for *C. auris* in patients at high risk of *C. auris* colonization.
- We included those with reported environmental exposure and those with recent admissions to an LTACH, as most early cases of *C. auris* in our region were reported at these facilities.
- We created several reports within our electronic medical record system to identify these patients, capturing bed tracing, hospital transfers, and patients' primary residencies.

Results

- From 3/2023–11/2023, 11 surveillance cultures for *C. auris* were conducted.
- 4 were due to environmental exposures and 7 were from patients with recent admissions at an LTACH.
- All 4 cultures performed for environmental exposures were negative.
- 3 of the 7 (43%) cultures performed from patients from LTACHs were positive.
 - All 3 positive cultures were from patients transferred from the same LTACH.



Conclusion

- Targeted surveillance for *C. auris* colonization has proven to be a successful approach at our facility, in particular on patients transferring from LTACHs.
- As more data is collected the team will reassess this approach to determine whether to narrow or broaden our surveillance efforts.

Next Steps

- Routine identification and isolation of high-risk patients admitted from LTACHs as part of daily standard work.
- Consider isolation during testing for rule-out status.