

Routine Micro Treatments of Hospital Water System with Monochloramine Effectively Controls Legionella Growth

Monique Samuels BSN, RN, CIC, Anjali Poudyal RN, MPH, CIC, Vineetha Sujanan, RN, MSN, CIC Infection Prevention Department, Yale New Haven Health, Bridgeport Hospital, Bridgeport, CT

Background

Legionella pneumophilia is a bacterium that can cause serious lung infections. Exposures can occur from ill-managed man-made water systems or heating, ventilation, and air conditioning systems. Legionella is a pathogen of concern in healthcare systems due to pervasive aged plumbing infrastructure, and dependence on the municipality's water treatment protocols. Identification of hospitalassociated infections (HAIs) with Legionella is of significant concern to both the healthcare facility and the state public health department. Therefore, when a Food and Nutrition employee of a 500-bed hospital presented to the Emergency Department with respiratory symptoms and a positive Legionella pneumophilia Serotype 1 antigen result, an investigation was initiated to determine if this was an HAI.

Objectives

• Explain why a focused water management team is essential to address *Legionella* risk in hospital water systems.

• Recognize the risk of *Legionella* infection posed to hospital staff from aged plumbing infrastructure in the healthcare setting.

• Describe strategies to control *Legionella* growth.

Methods

A focused Water Management team was formed. Team members included a third-party water management vendor, Infection Prevention, Environmental Services, Hospital Leadership, and Facilities. Baseline environmental water sampling for *Legionella* was performed. A monochloramine injection system was installed, and the water system was treated for 30 consecutive days. Due to subsequent actionable levels (>1 Colony Forming Unit/milliliter), several variations of monochloramine treatment protocols were performed. Continued detection of actionable levels led to the development of a schedule to proactively administer monochloramine for 5 consecutive days per month.



Results



Results

Baseline environmental water samples from the kitchen where the employee worked were above the actionable level for *Legionella*. After a 30-day cycle of monochloramine treatment, actionable levels were detected at 60 days. After implementing the routine treatment schedule of 5 consecutive days each month, environmental water cultures for *Legionella* have remained below the actionable level for the period of January 2023 through November 2023. These results indicated that the *Legionella* growth was well controlled.

Conclusion

Legionella can persist in the healthcare setting despite targeted treatment. Monthly treatment of the hospital water system with monochloramine for 5 days has shown success in keeping Legionella below actionable levels.

Disclosures

Authors have nothing to disclose.

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