

# From Dull to Dynamic: How to Create Sticky and Flexible Infection Prevention Education Using Adult Learning Principles



Ginger Vanhoozer MPH, BSN, RN, CIC and Angela Spleen, PhD  
Virginia Department of Health Healthcare-Associated Infections & Antimicrobial Resistance Program

## Introduction

- Traditional train the trainer sessions equip learners to reproduce specific content with little dynamicity.
- A novel training model is required to foster adaptable educator practices, promoting 'sticky' education for sustainable real-world practice.

## Objectives

- Create adaptable and memorable infection prevention education
- Grow and embrace individual unique strengths as an educator

## Study Design

- Exploratory program conducted in Virginia from June-August 2023
- The target audience was healthcare workers that educate on infection prevention.

## Results

- 220 participants attended one of the 10 Infection Prevention Educator Roadshow sessions held across Virginia.
- 98% of participants were moderately or very satisfied.
- 96% indicated they definitely or probably would use this training in their work.
- A one-month follow up survey (n=130) found participants were able to use lessons learned or educational tools provided to reach an additional **10,340** healthcare workers when they returned to their facilities.



PPE Fashion Show



Red Handed



Education Station

## Conclusion

- The Infection Prevention Educator Roadshow breaks the status quo of education by adopting evidence-based workplace learning principles.
- This training model exponentially increased the reach of infection prevention training and opened doors to often difficult to reach facility audiences.

## References

Nevalainen, M., Lunkka, N., & Suhonen, M. (2018). Work-based learning in health care organisations experienced by nursing staff: A systematic review of qualitative studies. *Nurse education in practice*, 29, 21–29.

## Disclosures

No author disclosures or conflicts of interest to declare.

Email: [Ginger.Vanhoozer@vdh.virginia.gov](mailto:Ginger.Vanhoozer@vdh.virginia.gov)