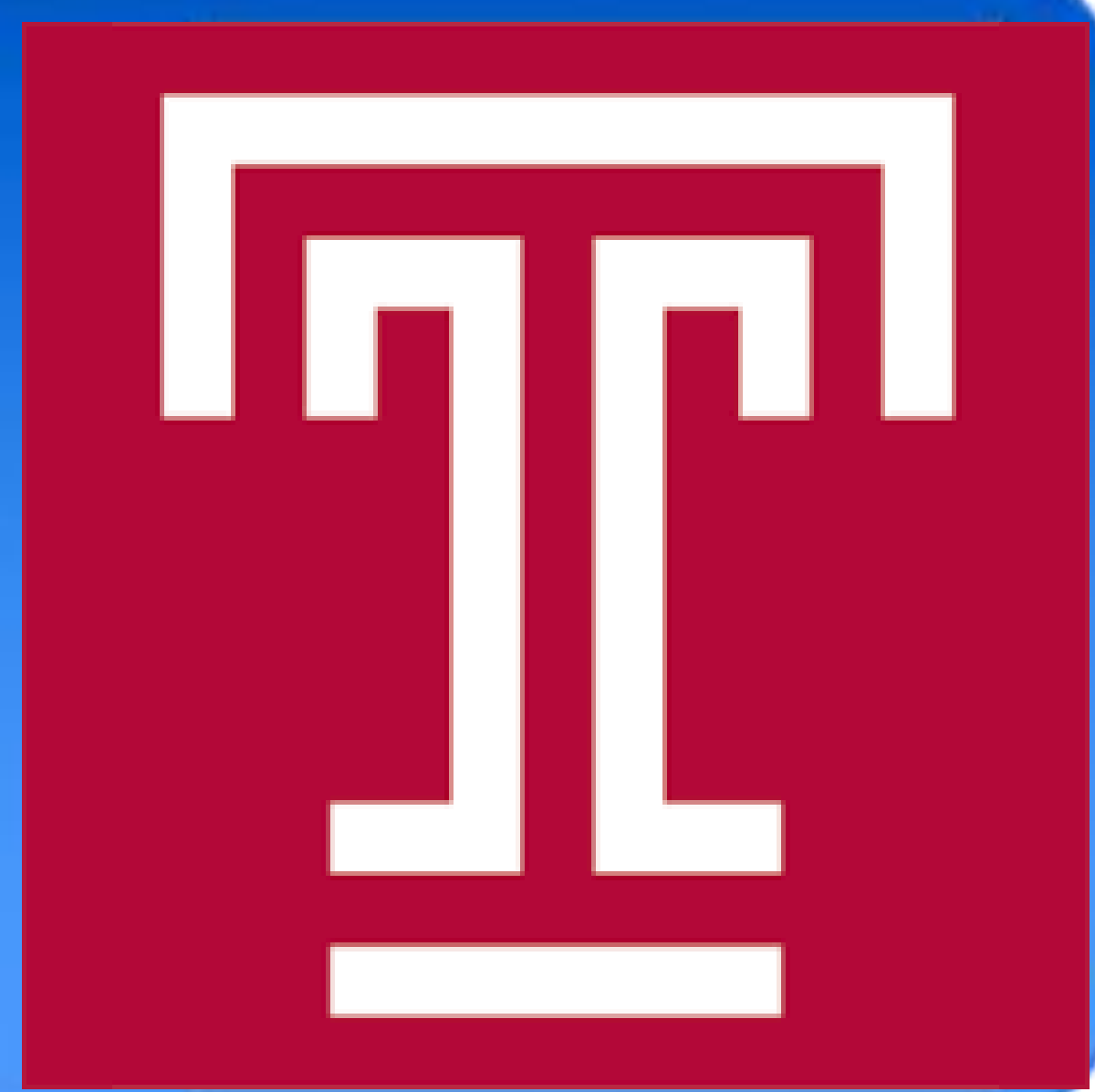




“Deliver the Goods”: The Utilization of “Implementation Intention” in the Radiology Workplace to Increase Productivity

Brian Tung MD¹, Marielia Gerena MD¹, Daniel Edelman MD¹, Mirza Baig MD¹, Jared Meshekow, MD MPH², Perry Gerard MD MBA FACR¹

Westchester Medical Center Valhalla NY¹, Temple University/Lewis Katz School of Medicine, Philadelphia, PA, ²



PURPOSE

Implementation intentions, a concept from psychology, involve setting specific plans or strategies to help individuals achieve their goals.

In radiology, the use of implementation intentions can help radiologists, radiologic technologists, and healthcare staff improve the execution of various tasks and processes.

We discuss the concepts of implementation intentions with respect to the radiology workplace.

BACKGROUND

Implementation intentions link situational cues to a resultant actionable behavioral response to attain a goal or outcome. Its purpose is to translate goal intentions into action.

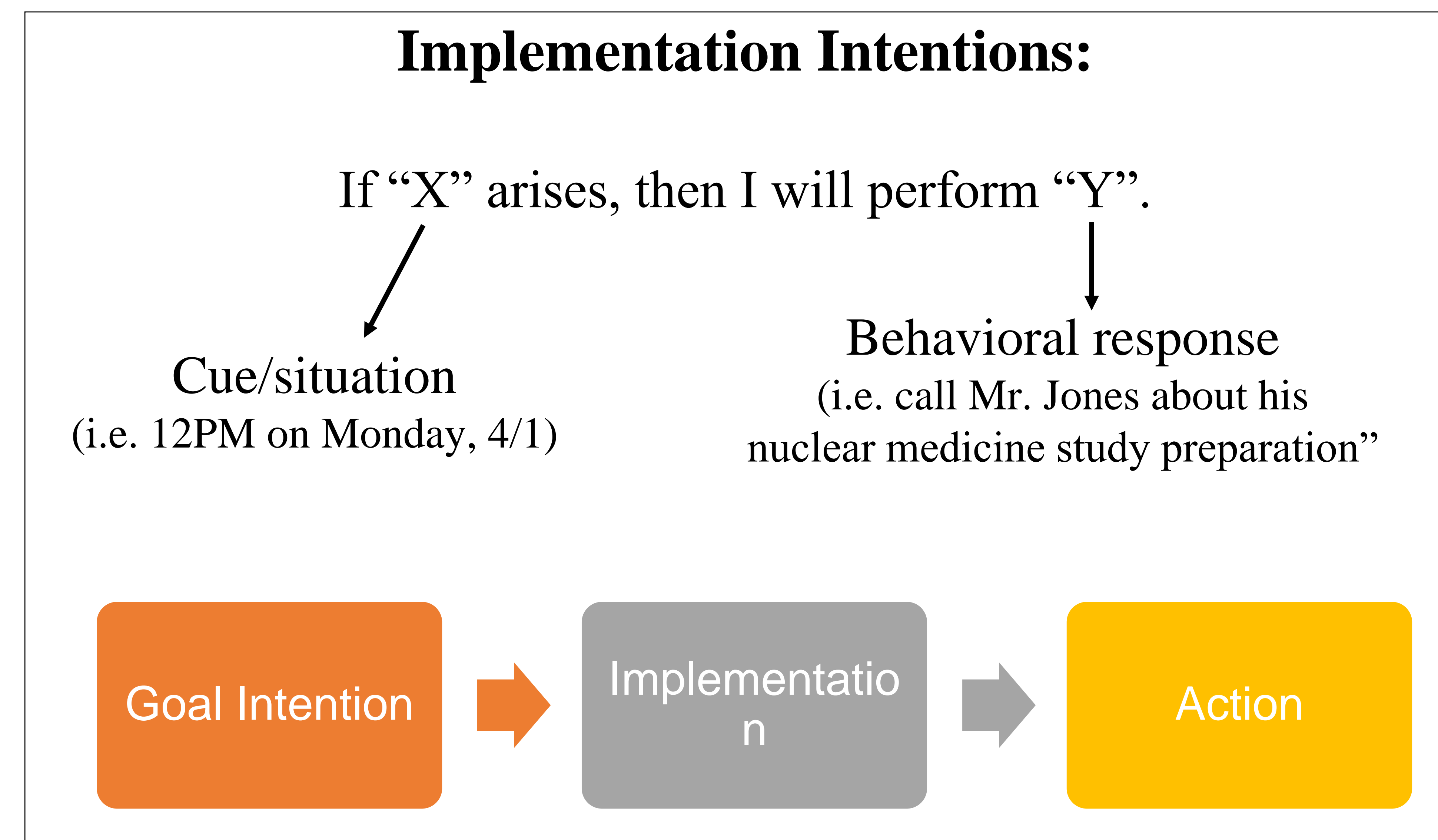
This formulaic construct involves anticipating how to make progress towards one’s goal by engaging in self-regulatory problems.

METHOD

Deliberate planning of if-then schemas includes when, where, and what to do using critical cues and automation of responding based on

There are a variety of ways that implementation intentions can be utilized in the radiology workplace.

Results



Concrete implementation of goals that are driven by intentional action may be useful in a radiology workplace.

For example, radiology staff can create specific plans to ensure adherence to patient safety protocols.

Radiologists and technologists can set implementation intentions to improve patient communication. Radiologists can utilize implementation intentions to reduce errors in image acquisition.

CONCLUSION

Implementation intentions may confer beneficial effects within the radiology workplace. It creates concrete if-then models that provide a framework to achieve pre-specified goals.

Staying on track is an equally important facet of implementation intentions which reduces the risk of one’s plan getting derailed.

REFERENCES

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